5

What is claimed is:

- 1. A cosmetic composition, which comprises the following components (A) and (B):
- (A) at least one moisture retaining component selected from the group consisting of amino acids and salts thereof, pyrrolidonecarboxylic acid and salts thereof, lactic acid and salts thereof, urea and betaines; and
 - (B) at least one sesquiterpene alcohol.
- 2. A cosmetic composition according to claim 1, wherein the sesquiterpene alcohol as Component (B) is selected from the group consisting of nerolidol, cedrol, guiaol, vetiverol and patchouli alcohol.